

Wolf fish with Asparagus and Brugge Prior



Ingredienten:

- 250g Brugge Prior grated
- 800g wolf fish
- 1l fish stock
- 1 lemon
- ½ kg asparagus
- Salt and pepper
- 50g Brugge butter
- 1 glass of dry white wine

Preparation:

Rinse the wolf fish under running water and dry off with kitchen roll, sprinkle with lemon.

Cook the asparagus until al dente.

Bring the fish stock to a boil and poach the fish in the fish stock. Drain the fish and place it on a pre-heated platter.

Sieve the stock, add white wine, and reduce until 1/3 of the liquid is left.

Add the butter and cheese and whip, season with salt and pepper.

Arrange the asparagus on the platter with the fish, and cover with lashings of sauce.

4 personen
60 min
Main dish
2.5

Source URL: <https://www.bruggecheese.com/recipes/wolf-fish-asparagus-and-brugge-prior>