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Dip of broad beans and Brugge Mature
Ingredienten:
• 300 g broad beans (deep frozen)
• 50 g cashew nuts
100 g finely grated Brugge Mature
10 tarragon stems, only the leaves
3 tbsp olive oil
• juice of 1 lemon
• ½ tsp fine sea salt
Preparation:
1. Blanch the broad beans for 5 minutes, pour into a sieve and immediately rinse with freezing cold water. Shell the beans (push them out of their white skin).
2. Soak the cashew nuts for 10 minutes in boiling water.
3. Mix the shelled broad beans, cashew nuts, Brugge Mature, tarragon stems, olive oil and lemon juice.
4. Flavour with sea salt.
5. Serve with focaccia, French bread or crackers.
Delicious with a glass of rosé or white beer.
4 personen 25 min
Appetizer
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The right cheese is quickly selected.