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Meat Loaf with mushrooms

Ingredienten:

- 150 g Brugge butter
- 120 g mushrooms
- 1 lemon
- 150 g lean, diced bacon
- 150 g grated, mild Brugge cheese
- 3 shallots
- 4 slices of multi-grain bread
- 1 tbsp mustard seeds
- Black pepper
- ½ tsp sea salt
- ½ tsp chopped thyme
- 1/2 tsp coriander powder
- A pinch of nutmeg
- 500 g minced beef
- 1/4 litre vegetable stock
- · Red currant jelly
- Olive Oil
- 1 sheet greaseproof paper
- 1 cake tin

Preparation:

- 1. Finely slice the shallots and fry them briefly with the bacon in 50 g butter.
- 2. Dice the bread including crusts and fry with the bacon mixture, adding the vegetable stock.
- 3. Let this infuse for 15 minutes away from the heat.
- $4. \ \, \text{Then stir into the mixture the mince, cheese, mustard seeds, thyme, coriander powder, 100 g melted butter, nutmeg, pepper and salt.}$
- 5. Slice the mushrooms, baste with lemon and add to the mixture.

- 6. Line a baking tin with greaseproof paper then put the mixture on top.
- 7. Bake this in a pre-heated oven for 75 minutes at 200 °C.
- 8. Let this harden in the fridge for at least 2 hours and serve with lettuce, red currant jelly and olive oil.

4 personen 240 min Main dish 2

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